



# ADVANCED DIPLOMA IN CLINICAL COSMETOLOGY & TRICHOLOGY (ADCT)

---



## AICMS



COURSE DURATION - 1 MONTH



FORMAT - ONLINE &  
CLASSROOM



# WHAT MAKES OUR COURSE SPECIAL?



- ✓ ENDLESS EDUCATION - You are free to attend this course as many as you like after the fees have been paid. We promise never to charge you more.
- ✓ A thorough education to prepare you for a career in aesthetic medicine
- ✓ Practicum with an appropriate balance of academic and practical knowledge
- ✓ Highly qualified and experienced teachers
- ✓ LIFETIME WhatsApp-based assistance for all students following the conclusion of the course
- ✓ Enormous practical experience for each individual
- ✓ Understanding of marketing
- ✓ Expertise in establishing and managing your centre effectively
- ✓ A separate meeting to discuss the medicolegal aspects in detail
- ✓ Clear and Transparent dealings



# CURRICULUM OVERVIEW



## SECTION 01 - CLINICAL COSMETOLOGY

### MODULE 001 - BASIC HYGIENE

- Professional ethics
- Personal and clinic hygiene
- Sterilization and sanitation
- Client handling and people skills
- Bacteriology

### MODULE 002 - CAUTERIZATION

- Theory of cauterization
- Wart removal
- Mole removal

### MODULE 003 - SKIN FUNDAMENTALS

- Anatomy and physiology of face
- Skin structure
- Skin aging
- Classification of skin
- Skin analysis
- How to do skin consultations

### MODULE 004 - MECHANICAL EXFOLIATION

- MDA types
- a. Suction by powder crystals
- b. Diamond tip
- Hydra jet and Hydra facial & Oxy Hydra jet Peel
- Theory of exfoliation
- Exfoliation by peels



# CURRICULUM OVERVIEW



## SECTION 01 - CLINICAL COSMETOLOGY

### MODULE 005 - PRODUCT KNOWLEDGE

- Skin routine definition
- Important molecules in skin care products
- Product selection for skin conditions and type
- Sun screen and its usage

### MODULE 007 - USE OF BASIC MACHINES

- Derma scope and skin analysis
- Galvanic and Ultrasonic
- High Frequency

### MODULE 009 - ACNE & RELATED TREATMENTS

- Fundamentals of acne
- Types of acne: papule, pustules
- Acne treatments

### MODULE 006 - CHEMICAL PEELS

- Fundamentals of peels
- Classification of peels (superficial, medium and deep peeling)
- Application of peels
  - a. Preparation
  - b. Application
  - c. Post application care

### MODULE 008 - PIGMENTATION & WHITENING

- Basics of pigmentation
- Types of pigmentation
- Freckles
- Treatments for pigmentation
- Whitening treatments
- Dermaplaning



# CURRICULUM OVERVIEW



## SECTION 02 - ADVANCED AESTHETICS & LASERS

### MODULE 001 - BASIC HYGIENE

- Professional ethics
- Personal and clinic hygiene
- Sterilization and sanitation
- Client handling and people skills
- Bacteriology

### MODULE 002 - LASER FUNDAMENTALS

- Core Knowledge of electromagnetic spectrum; photons; LASER and IPL
- The difference between LASER and IPL light therapy, and methods of applications for hair removal and skin rejuvenation treatments
- Recap of the anatomy and physiology of integumentary, endocrine, circulatory and lymphatic system in relation to light
- therapy treatments

### MODULE 003 - LASER BASED SKIN REJUVENATION

- Skin routine definition
- Important molecules in skin care products
- Product selection for skin conditions and type
- Sun screen and its usage

### MODULE 004 - LASER BASED PERMANENT HAIR REMOVAL

- PL and LASER based permanent hair removal for all areas of the body
- Treatment protocol for hair removal
- Precautions and considerations



# CURRICULUM OVERVIEW



## SECTION 02 - ADVANCED AESTHETICS & LASERS

### MODULE 005 - OTHER ADVANCED TREATMENTS

- Mesotherapy for skin
- Ultrasonic fat removal
- LED light therapy

### MODULE 006 - LASER TREATMENT PREPARATION

- preparation of the therapist and client, working area
- Full consultation,
- Tissue analysis & Fitzpatrick scale
- Contraindications
- Aftercare advice
- Clinical outcome
- Clinical side effects
- Full treatment protocol

### MODULE 007 - TATTOO REMOVAL

- Classification of tattoos
- LASER selection for tattoo removal
- Treatment protocol for tattoo removal



# CURRICULUM OVERVIEW



## SECTION 03 - MEDICAL TRICHOLOGY

### MODULE 001 - BASIC HYGIENE

- Professional ethics
- Personal and clinic hygiene
- Sterilization and sanitation
- Client handling and people skills
- Bacteriology

### MODULE 002 - HAIR TREATMENT PROTOCOL

- Hair loss cause determination
- Minoxidil in hair loss
- Finasteride in hair loss
- How to develop overall treatment methodology
- Need to blood test in hair loss

### MODULE 003 - HAIR FUNDAMENTALS

- Structure and function of hair follicle
- Hair life cycle
- Diseases of hair and scalp
- Causes of hair fall
- Alopecia and its types
- Food for hair
- Hair care for growth
- Impact of chemical treatments on hair quality

### MODULE 004 - BASIC HAIR TREATMENTS

- Elasticity improvement
- Hydration therapy
- Treatment of dandruff
- Product knowledge for hair



# CURRICULUM OVERVIEW



## SECTION 03 - MEDICAL TRICHOLOGY

### MODULE 005 - ANALYSIS OF HAIR

- Diagnosis of hair fall and thinning of hair
- Hair analysis with tracheoscopy
- Hair consultation and treatment finalization

### MODULE 006 - OTHER ADVANCED TREATMENTS

- Microneedling for hair restoration
- Low Level LASER therapy

### MODULE 007 - CLASSIFICATION OF HAIR LOSS

- Classification of different hair loss patterns
- Androgenetic alopecia - male and female
- pattern hair loss
- Alopecia areata
- Traction alopecia
- Telogen effluvium





# MEET OUR EXPERT FACULTY



## Antaksha Jagtap

---

*BCS, Cosmetologist, Trichologist,  
Power Yoga Instructor,  
Clinical Nutritionist & dietic  
SPMU*



**CLICK HERE TO EXPLORE  
MORE DETAILS OF FACULTY**



**WE MAKE EVERY EFFORT TO MAKE SURE THAT OUR STUDENTS ARE COMFORTABLE & THAT THEIR FIRST PRIORITY IS ATTENDING THE COURSE.**



### **CENTRE DETAILS**

- Centre is in the heart of the city with ample public transport
- Centre is open from 9 AM to 6 PM from Monday to Saturday
- We provide assistance to outstation candidates to find suitable accommodation for them

### **SUPPORT AFTER COURSE COMPLETION**

- LIFETIME WhatsApp support for all doctors after the end of their course
- Support in procurement of machines and material in case you need them for your centre
- Marketing and lead generation support for your new Cosmetology Centre if needed

## **CONTACT US**

 228 B, Mai Bunglow, AICMS, sadashiv peth, near lokmanya vachanalaya ,Pune 411037

 **8793917168**

 **8793917167**

 **aicmsadm@gmail.com**

 **<https://aicms.co.in/>**