



DIPLOMA IN CLINICAL DIET & NUTRITION



AICMS



COURSE DURATION - 1 MONTH



FORMAT - ONLINE &
CLASSROOM





WHAT MAKES OUR COURSE SPECIAL?

- ✓ **ENDLESS EDUCATION** - You are free to attend this course as many as you like after the fees have been paid. We promise never to charge you more.
- ✓ A thorough education to prepare you for a career in aesthetic medicine
- ✓ Practicum with an appropriate balance of academic and practical knowledge
- ✓ Highly qualified and experienced teachers
- ✓ **LIFETIME** WhatsApp-based assistance for all students following the conclusion of the course
- ✓ Enormous practical experience for each individual
- ✓ Understanding of marketing
- ✓ Expertise in establishing and managing your centre effectively
- ✓ A separate meeting to discuss the medicolegal aspects in detail
- ✓ Clear and Transparent dealings



CURRICULUM OVERVIEW



SECTION 01 - CLINICAL NUTRITION AND DIETETICS

MODULE 001 - INTRODUCTION TO NUTRITION SCIENCE

- Food, Nutrition and health
- Digestion, absorption and utilization of nutrients
- Recommended dietary allowance for nutrients

MODULE 003 - MEAL PLANNING

- Food guides for selecting an adequate diet
- Food groups
- Meal planning and exchange list
- Carbohydrates
- Fats and other lipids
- Proteins and amino acids
- Energy metabolism
- Fat soluble vitamins
- Water soluble vitamins
- Major and trace minerals
- Water, fluids, electrolytes and acid base
- Balance
- Disorders of Nutrition (protein energy malnutrition)

MODULE 002 - NUTRITION

- Carbohydrates
- Fats and other Lipids
- Proteins and amino acids
- Energy Metabolism
- Fat soluble Vitamins
- Water soluble Vitamins
- Major and trace minerals
- Water, fluids, electrolytes and acid base
- Balance
- Disorders of Nutrition (protein energy malnutrition)

MODULE 004 - MEDICAL NUTRITION THERAPY

- Critical Care Nutrition
- Copd Bronchitis
- Diet in mental disorder
- Diet in gynec disorder



CURRICULUM OVERVIEW



MODULE 005 –MEDICAL NUTRITION THERAPY

- Diet for Gastrointestinal disorders
 - a. Constipation
 - b. Diarrhea
 - c. Irritable Bowel Syndrome
- Metabolic Disorders
- Diabetes and Thyroid
 - a. Diet for diabetes mellitus
 - b. Diet for thyroid
- Diet for Cardiovascular diseases
 - a. Hypertension
 - b. Atherosclerosis
 - c. Dyslipidemia
- Diet for kidney disorders
 - a. End stage renal disease (chronic renal failure)
 - b. Dialysis
- Diet for gout/arthritis

- Diet for Liver diseases
 - a. Cirrhosis
 - b. Hepatitis
 - c. ALD (Alcoholic liver disease)
- Diet for Obesity
- Diet for cancer

MODULE 006 –NUTRITIONAL ASSESSEMENT

- Body weight evaluation and indications of nutrition related problems
- Body mass index and determining ideal body weight (IBW) based on height to weight
- Standard body weight (SBW) determination
- Estimation of energy, protein and fat requirement



CURRICULUM OVERVIEW



MODULE 007 - LIFECYCLE NUTRITION

- Nutrition in pregnancy + Diet plan
- Nutrition in Adolescents / adults + Diet plan
- Nutrition in Preschool / School going children + Diet plan
- Nutrition throughout Geriatrics population + Diet plan
- Nutrition in infants + Diet plan



MEET OUR EXPERT FACULTY



Antaksha Jagtap

*BCS, Cosmetologist, Trichologist,
Power Yoga Instructor,
Clinical Nutritionist & dietic
SPMU*



**CLICK HERE TO EXPLORE
MORE DETAILS OF FACULTY**



WE MAKE EVERY EFFORT TO MAKE SURE THAT OUR STUDENTS ARE COMFORTABLE & THAT THEIR FIRST PRIORITY IS ATTENDING THE COURSE.



CENTRE DETAILS

- Centre is in the heart of the city with ample public transport
- Centre is open from 9 AM to 6 PM from Monday to Saturday
- We provide assistance to outstation candidates to find suitable accommodation for them

SUPPORT AFTER COURSE COMPLETION

- LIFETIME WhatsApp support for all doctors after the end of their course
- Support in procurement of machines and material in case you need them for your centre
- Marketing and lead generation support for your new Cosmetology Centre if needed

CONTACT US

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